

# DLP Tips

# ALLERGY & DIETARY NEEDS CARD



DISNEYLAND® PARIS DINING HELPER



ENGLISH

Hello,

I have a food allergy / dietary requirement.

Please make sure my food does **NOT** contain:

- Peanuts
- Gluten
- Milk
- Eggs
- Nuts (Tree Nuts)
- Shellfish
- Soy
- Fish
- Celery
- Mustard
- Sesame
- Other: \_\_\_\_\_



Severe allergy – risk of cross-contamination

Thank you very much



FRANÇAIS

Bonjour,

J'ai une allergie alimentaire / un régime spécifique.

Merci de vous assurer que mon plat ne contient **PAS** :

- Arachides
- Gluten
- Lait
- Œufs
- Fruits à coque
- Fruits de mer
- Soja
- Poisson
- Céleri
- Moutarde
- Sésame
- Autre : \_\_\_\_\_



Allergie sévère – risque de contamination croisée

Merci beaucoup



MY DIETARY PREFERENCE

Tick all that apply (lifestyle / choice)



Vegan



Vegetarian



Halal



Kosher



Other: \_\_\_\_\_



These are my dietary preferences, not allergies.



More Disneyland® Paris planning tips at [dlptips.com](http://dlptips.com)



Print this card and take it with you to show restaurant staff.